



The Presbyterian Panel

Listening to Presbyterians



REPORT

Health The May 2010 Survey

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RESEARCH SERVICES
A Ministry of the General Assembly Mission Council
 Presbyterian Church (U.S.A.)
 100 Witherspoon Street
 Louisville, KY 40202

What is the Presbyterian Panel?

The Presbyterian Panel consists of three nationally representative samples of groups affiliated with the Presbyterian Church (U.S.A.): elders (lay leaders) currently serving on session, other members, and ministers of the Word and Sacrament. (The session is the governing body in Presbyterian congregations.) For analysis, ministers are split into two groups based on current call: *pastors*, serving congregations, and *specialized clergy*, serving elsewhere. New samples are drawn every three years. Panel surveys are conducted quarterly, primarily by mail but with an online completion option.

For more information on methods used to draw the samples, see the technical appendix in the *Religious and Demographic Profile of Presbyterians, 2008: Findings from the Initial Survey of the 2009-2011 Presbyterian Panel* (see next page for web availability and ordering information).

The Panel is maintained and directed by the office of Research Services of the Presbyterian Church (U.S.A.). The first Panel was created in 1973 to provide a means for informing leaders of the opinions and activities of the rank and file across the church. Survey topics and questions are usually developed at the request of, and in consultation with, staff or elected members of national church entities. However, ultimate decisions on content and the disposition of Panel data are those of Research Services. Standards developed by the American Association of Public Opinion Research guide Panel surveys.

Current Survey

The current survey is the seventh completed by the 2009-2011 Panel. Questionnaires were distributed on May 6, 2010. Most panelists received their copy by U.S. mail, but a subset (n = 877, or 26%) that had signed up for the service was notified via email. Non-respondents were sent a postcard reminder on March 18. Panelists who had received email notification about the survey but had not yet responded also received two email reminders, on March 5 and March 16. Returns were accepted through July 13, 2010. Response rates for this survey are: members, 53%; elders, 52%; ministers, 56%. All panelists had the option of completing the survey on the web, and 29% of responding members, 39% of responding elders, 54% of responding pastors, and 43% of responding specialized clergy did so.

Sponsor and Topic

This survey was sponsored by the Presbyterian Health Network, one of ten networks that are part of the Presbyterian Health, Education, and Welfare Association (PHEWA). The network helps connect parish nurses at PC(USA) congregations; others involved in congregational and presbytery health ministries; and Presbyterian advocates of health, healing, and wholeness so that they might support and resource each other. To plan future ministries, the network's leadership team used the Panel survey to learn more about the health concerns of individual Presbyterians, their access to health care, and their opinions on possible health-related congregational resources. The questions were developed with Dr. Dan Hale, a Stetson University psychology professor, adjunct associate professor at the Johns Hopkins University School of Medicine, and part of the Health Network's leadership team, in consultation with others on the leadership team.

This Report

The first half of this report uses text and graphics to summarize and explicate findings. A full list of survey questions and responses follows with tables that display the percentage distribution of responses to every question for each of the four Panel groups. Results are subject to sampling and other errors. In general, differences of less than 8% are not statistically meaningful.

Some analyses in this report, including those using employment status (Figures 6 and 7, p. 5) rely on responses of panelists to the initial questionnaire they completed in the fall of 2008. For more information on this earlier survey and responses of panelists to these questions, see the *Religious and Demographic Profile of Presbyterians, 2008* (see next page for web availability and ordering information). Other analyses rely on responses to the Session Annual Statistical Report that congregations complete each winter.

A Note on Terminology

In this report, the term *median* refers to the middle number in an ordered distribution. For example, the median age for a group of people aged 12, 21, 28, 35, and 64 years would be 28 years. The term *mean* refers to the arithmetic average of values in a distribution; in the example, the mean age would be calculated as $(12+21+28+35+64)/5$, or 32 years.

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Author Note

Perry Chang, Panel administrator, wrote this report and was assisted by the other staff members of the office of Research Services.

Staff of Research Services

Jack Marcum, Coordinator; Joelle Anderson; Deborah Bruce; Perry Chang; Hilary Harris; Rebecca Moody; Christy Riggs; Ida Smith-Williams.

Additional Copies

Additional copies of this *Report* may be purchased for \$10 from Presbyterian Distribution Services (PDS)—call 800-524-2612 and request item #02056-10307. This *Report* is also available on the web for free download in Adobe Acrobat format; go to www.pcusa.org/research/panel/ and click on the appropriate link. Copies of a four-page *Summary* of results are available for \$2 each directly from Research Services, or for free download from the same website. Call for information on quantity discounts on printed copies of either this *Report* or its *Summary* (888-728-7228, ext. 2040).

Profile Report

The *Religious and Demographic Profile of Presbyterians, 2008* is available for free download in Adobe Acrobat format on the web (<http://www.pcusa.org/media/uploads/research/pdfs/fall08panel.pdf>) or may be purchased for \$10 from PDS—call 800-524-2612 and request item #02056-09301.

Panel on the Web

A catalogue of *Summaries* and *Reports* of surveys since 1993 and a listing of all surveys since the first Panel was created in 1973 are available at the Presbyterian Church (U.S.A.) website: www.pcusa.org/research/panel.

Interested in Learning More About Your Congregation or Presbytery?

- ✓ ***10-Year Trend Report for Congregations***—available for free: www.pcusa.org/tenyeartrends.
- ✓ ***10-Year Trend Report for Presbyteries***—available for free: www.pcusa.org/tenyeartrends.
- ✓ Research Services can help you conduct a congregational survey to learn more about your worshipers and identify your congregation's strengths. Call 888-728-7228, ext. 2040, and ask about the ***U.S. Congregational Life Survey*** or visit: www.USCongregations.org.

HIGHLIGHTS

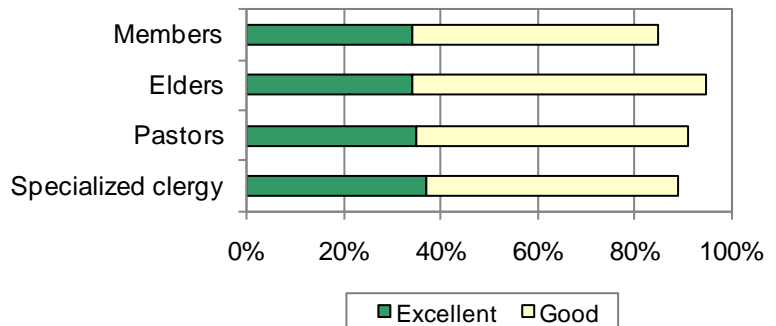
- ✓ Five in six or more panelists in each group (members, 85%; elders, 95%; pastors, 91%; specialized clergy, 89%) rate their physical health as *excellent* or *good* (p. 1).
- ✓ During the ten years before the survey, half of members (49%) and elders (52%), two-thirds of pastors (64%), and five in nine specialized clergy (56%) were advised by a doctor or other health-care provider to engage in more physical activity, make dietary improvements, lose weight, or make another lifestyle change (p. 2).
- ✓ Majorities of panelists in each group (members, 58%; elders, 56%; pastors, 55%; specialized clergy, 60%) report that during the ten years before the survey a family member or close friend was advised by a doctor or health-care provider to engage in more physical activity, make dietary improvements, lose weight, or make another lifestyle change (p. 3).
- ✓ Almost all panelists report that they (members, 99%; elders, 99%; pastors, 100%; specialized clergy, 98%) and other family members in their household (98%; 97%; 97%; 97%) have health insurance coverage (p. 4).
- ✓ Almost all panelists in each group who have health insurance and know about their coverage say their insurance covers visits to medical specialists (members, 99%; elders, 99%; pastors, 100%; specialized clergy, 100%), hospitalization (98%; 99%; 100%; 100%), routine doctor visits and check-ups (97%; 97%; 100%; 99%), and prescription medication (96%; 97%; 99%; 99%) (p. 6).
- ✓ Three in ten ministers (pastors, 27%; specialized clergy, 32%)—but only about one in eight members (14%) and elders (11%)—delayed making an appointment with their doctor or other health-care provider or skipped an appointment for financial reasons at least once in the ten years before the survey (p. 6).
- ✓ One-quarter of specialized clergy (25%)—but only about one in ten members (10%), elders (7%), and pastors (8%)—are paid to do health-care work (p. 7).
- ✓ All pastors (100%) report that in the previous year their congregation, congregational staff, or a group in the congregation visited members and worshipers when they were sick, homebound, or in the hospital, and almost all (98%) report that their congregation prayed publicly during Sunday worship for people in the congregation or community who were in need of prayers because of health concerns (98%) (p. 7).
- ✓ More pastors of larger congregations (351 or more members) than of smaller congregations report that during the 12 months before the survey their congregation ran or hosted a support group or preventive health activity (other than an exercise class), blood drive, health screening, seminar or educational event on a health-related topic, or exercise class (p. 8).
- ✓ Choosing from a list of 14 possible topics, more than three in ten panelists in each group (members, 32%; elders, 33%; pastors, 44%; specialized clergy, 42%) identify living wills and other end-of-life issues as one of the two *most interesting* health-related topics for possible congregational resources or programs (p. 9).
- ✓ From the same list, half of pastors (51%) and four in nine members (43%), elders (46%), and specialized clergy (46%) identify flu vaccinations as one of the two *least interesting* health-related topics for congregational resources or programs (pp. 10-11).
- ✓ More than two-thirds of panelists in each group believe that others in their congregation would be *very interested* or *interested* in resources or programs that might be offered at their congregation on care-giving (members, 78%; elders, 68%; pastors, 68%; specialized clergy, 77%) and Alzheimer's disease and other memory illnesses (74%; 73%; 71%; 74%) (p. 11).
- ✓ More than one in five panelists in each group would be *very interested* or *interested* in participating in training volunteers in their congregation to provide assistance to people with chronic medical conditions who need assistance with following the treatment recommendations of their doctor or health-care provider (members, 24%; elders, 29%; pastors, 40%; specialized clergy, 36%) and providing this type of assistance to others in their congregation (23%; 32%; 49%; 41%) (p. 11).

PERSONAL HEALTH

General Health

- ✓ Five in six or more panelists in each group (members, 85%; elders, 95%; pastors, 91%; specialized clergy, 89%) rate their physical health as *excellent* or *good* (see Figure 1).
- ✓ The median number of prescription medications that members take is three. Two is the median for elders, pastors, and specialized clergy.

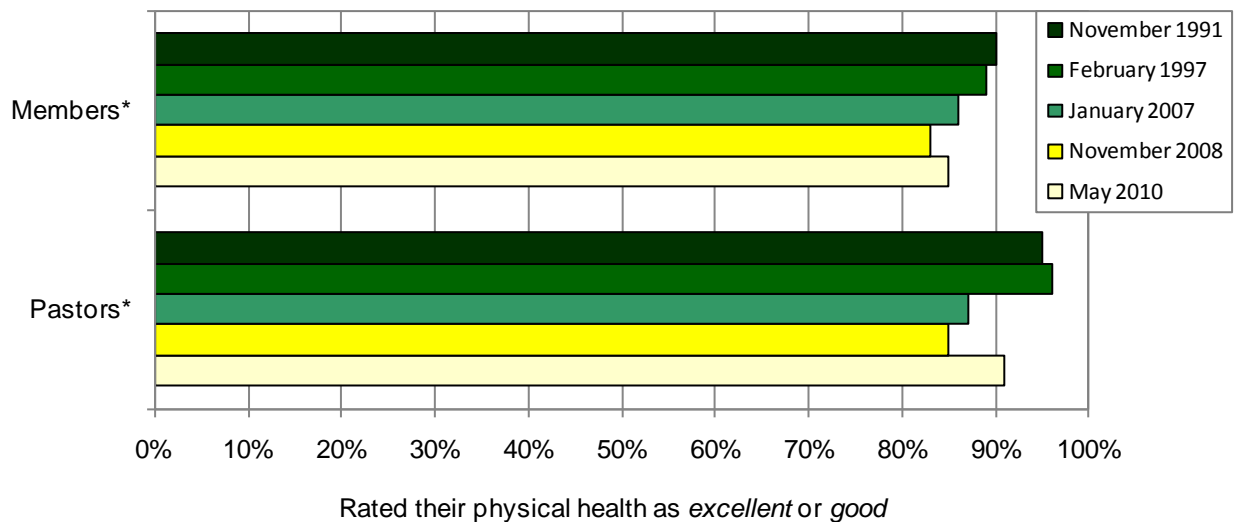
Figure 1. Self-Rating of Physical Health



Comparing Presbyterians' Physical Health Over the Years

During the past two decades, the percentage of panelists who rate their physical health as *excellent* or *good* has varied around 90%. Figure 2 shows how the percentage of members and pastors in good or better health dropped from a peak in the 1990s to a low in November 2008, before improving slightly by May 2010.

Figure 2. Members and Pastors in Good Physical Health (Self-rated)



*Statistically significant difference ($p < .05$)

Note: 1997 results combine panelists who rated their health as *excellent*, *very good*, or *good*.

Preventive Care

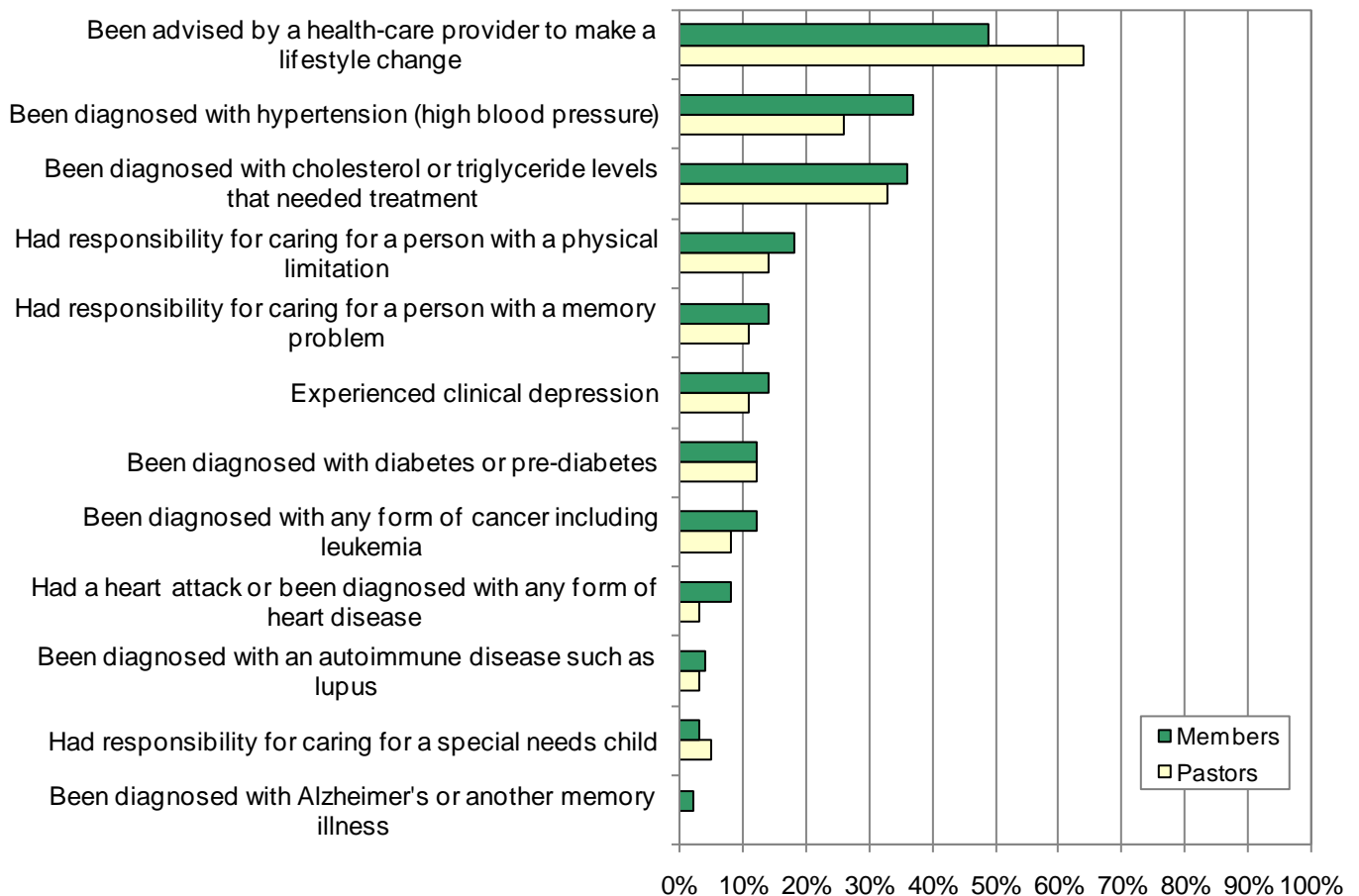
- ✓ During the 12 months before the survey, majorities of panelists in each group:
 - Had a general physical exam by a doctor or health-care provider (members, 86%; elders, 87%; pastors, 84%; specialized clergy, 83%).
 - Received a traditional flu vaccination (68%; 65%; 57%; 67%).
- ✓ Minorities of panelists received an H1N1 flu vaccination in the same period (members, 35%; elders, 33%; pastors, 30%; specialized clergy, 42%).

PERSONAL HEALTH

Health-care Advice and Diagnoses

- ✓ During the ten years before the survey, half of members (49%) and elders (52%), two-thirds of pastors (64%), and five in nine specialized clergy (56%) were advised by a doctor or health-care provider to engage in more physical activity, make dietary improvements, lose weight, or make another lifestyle change. (Figure 3 illustrates this.)
- ✓ During the same period at least one in ten panelists in each group was diagnosed with:
 - Hypertension (high blood pressure) (members, 37%; elders, 39%; pastors, 26%; specialized clergy, 29%).
 - High cholesterol or triglyceride levels that needed to be treated by medication (36%; 38%; 33%; 33%).
 - Diabetes or pre-diabetes (12%; 13%; 12%; 12%).
- ✓ Fewer panelists were diagnosed with four other listed illnesses during the same period:
 - Clinical depression (members, 14%; elders, 6%; pastors, 11%; specialized clergy, 20%).
 - Any form of cancer including leukemia (12%; 9%; 8%; 10%).
 - Congestive heart failure or any form of heart disease (8%; 7%; 3%; 4%).
 - An autoimmune disease such as rheumatoid arthritis or lupus (4%; 5%; 3%; 3%).
 - Alzheimer's disease or another illness whose symptoms include serious memory problems (2%; 1%; 0.2%; 1%).
- ✓ During the ten years before the survey, at least one in ten panelists in each group had some responsibility for caring for a person:
 - With a serious physical limitation (members, 18%; elders, 17%; pastors, 14%; specialized clergy, 10%).
 - With a serious memory problem (14%; 12%; 11%; 13%).

Figure 3. Health-related Experiences in the Ten Years Before the Survey

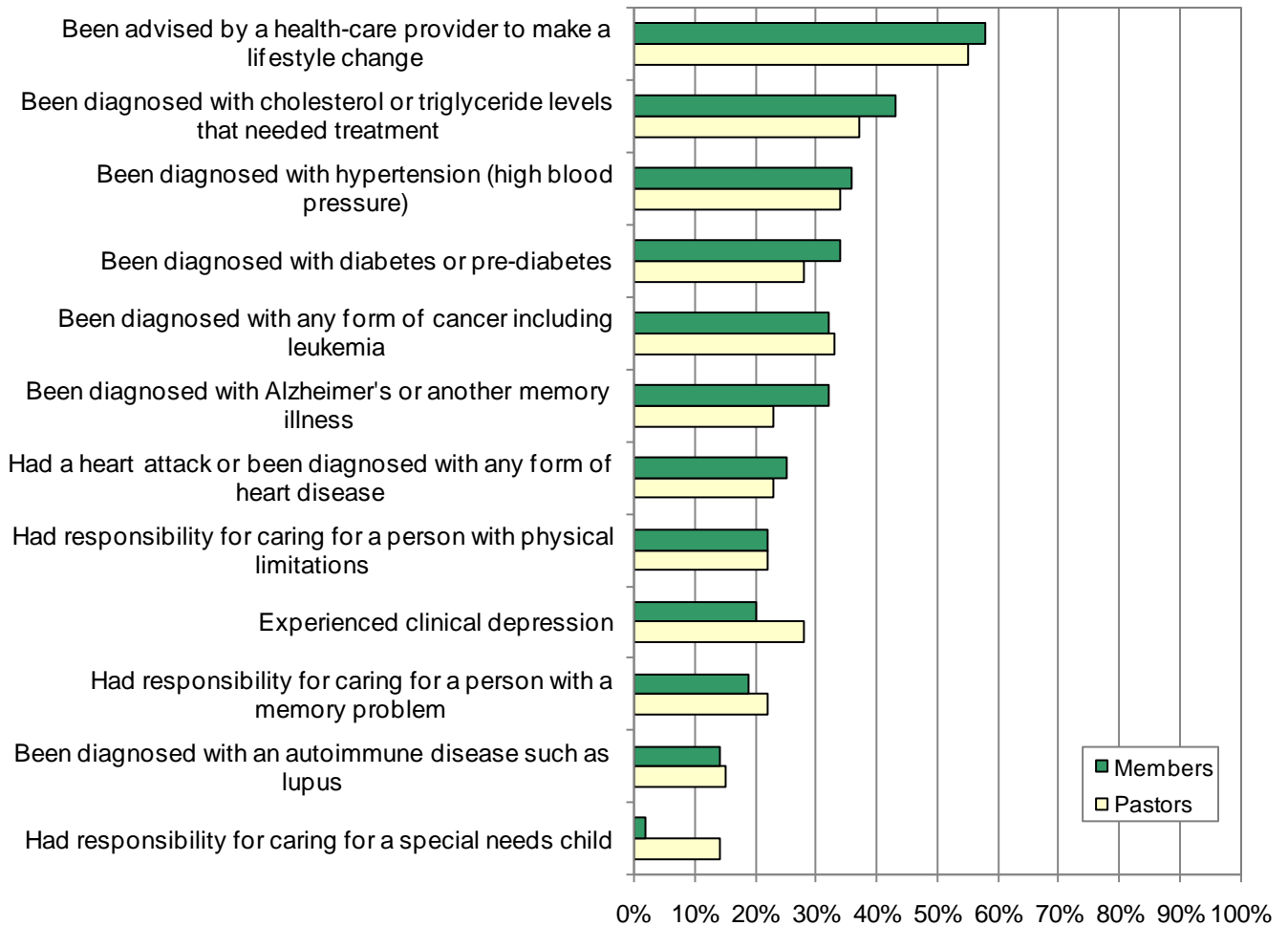


PERSONAL HEALTH

Health-care Advice and Diagnoses (cont.)

- ✓ Majorities of panelists in each group (members, 58%; elders, 56%; pastors, 55%; specialized clergy, 60%) report that during the ten years before the survey a family member or close friend was advised by a doctor or health-care provider to engage in more physical activity, make dietary improvements, lose weight, or make another lifestyle change. (Figure 4 illustrates this.)
- ✓ During the same time period, a family member or close friend of at least one in ten panelists in each group experienced the following:
 - Was diagnosed with high cholesterol or triglyceride levels that needed to be treated by medication (members, 43%; elders, 41%; pastors, 37%; specialized clergy, 40%).
 - Was diagnosed with hypertension (high blood pressure) (36%; 39%; 34%; 36%).
 - Was diagnosed with diabetes or pre-diabetes (34%; 32%; 28%; 29%).
 - Was diagnosed with any form of cancer including leukemia (32%; 41%; 33%; 38%).
 - Had a heart attack or was diagnosed with congestive heart failure or any form of heart disease (25%; 28%; 23%; 24%).
 - Had some responsibility for caring for a person with a serious physical limitation (22%; 23%; 22%; 25%).
 - Experienced clinical depression (20%; 20%; 28%; 29%).
 - Had some responsibility for caring for a person with a serious memory problem (19%; 20%; 22%; 22%).
 - Was diagnosed with an autoimmune disease such as lupus (14%; 16%; 15%; 17%).

Figure 4. Health-related Experiences of Friends and Family Members in the Ten Years Before the Survey



LEGAL AND INSURANCE ISSUES

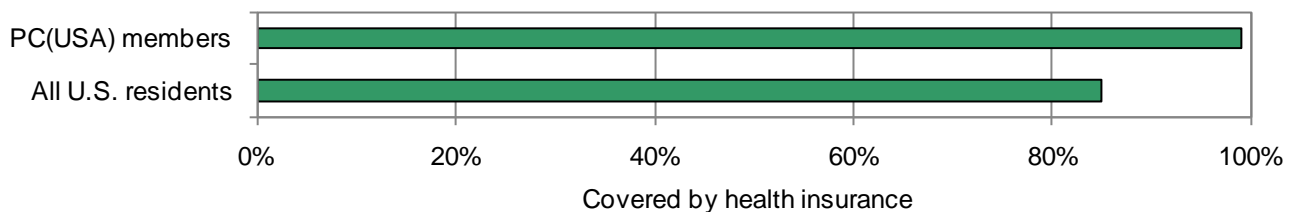
End-of-life Issues

- ✓ About three in five members (64%), elders (60%), and specialized clergy (63%) and about half of pastors (53%) have completed a living will that specifies which treatments they would or would not want should they become incapacitated.
- ✓ Similar percentages of panelists in each group who completed a November 2002 Panel survey on end-of-life issues had a living will at that time (members, 58%; elders, 59%; pastors, 51%; specialized clergy, 61%).
- ✓ Of panelists who have living wills (in 2010), more than nine in ten in each group (members, 97%; elders, 96%; pastors, 95%; specialized clergy, 92%) have discussed their living will with a family member.
- ✓ About three in five members (61%), elders (57%), and specialized clergy (59%) and half of pastors (49%) have completed a durable power of attorney for health care, a designation of health-care surrogate, or a similar document appointing someone to make medical decisions for them should they become incapacitated.

Sources of Health Insurance Coverage

- ✓ Almost all panelists report that they (members, 99%; elders, 99%; pastors, 100%; specialized clergy, 98%) and other family members in their household (if there are any) (98%; 97%; 97%; 97%) have health insurance coverage.
- ✓ Substantially more Presbyterians have health insurance coverage than do U.S. residents as a whole (see Figure 5).

Figure 5. Comparing Health Insurance Coverage for Presbyterians and All U.S. Residents*



*Statistically significant difference ($p < .001$)

Note: U.S. residents data from U.S. Census Bureau, American Community Survey, 2009, accessed at: http://factfinder.census.gov/servlet/STTable?_bm=y&-geo_id=01000US&-qr_name=ACS_2009_1YR_G00_S2701&-ds_name=ACS_2009_1YR_G00_&-_lang=en&-_caller=geoselect&-state=st&-format=

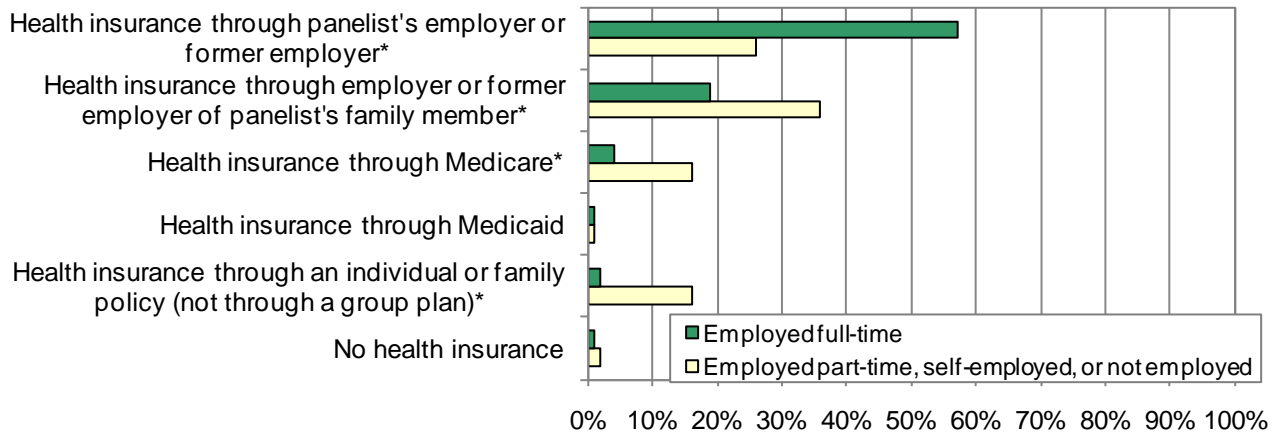
- ✓ Half of members and elders have health insurance through a current or former employer (members, 49%; elders, 51%) and/or Medicare (50%; 46%). One-quarter (25%; 25%) have insurance through a family member's employer or former employer. (Some have insurance from multiple sources.)
- ✓ Almost all pastors (97%) and seven in ten specialized clergy (71%) have health insurance through their employer or former employer.
- ✓ Family members in the households of nine in ten pastors (90%) have health insurance through the pastor's employer or former employer. Family members in the households of three in five specialized clergy (59%) have insurance through the minister's employer or former employer.
- ✓ Family members in the households of only four in nine members (46%) and elders (45%) have health insurance through the member's or elder's employer or former employer.

Employment and Health Insurance Coverage

Traditionally, Americans who work full-time earn benefits that include health insurance. Americans who work part-time, work for themselves, or don't work at all often obtain health insurance through other family members, by buying an individual or family policy (instead of a group policy), or from the government (Medicare or Medicaid). This pattern holds true with Presbyterians.

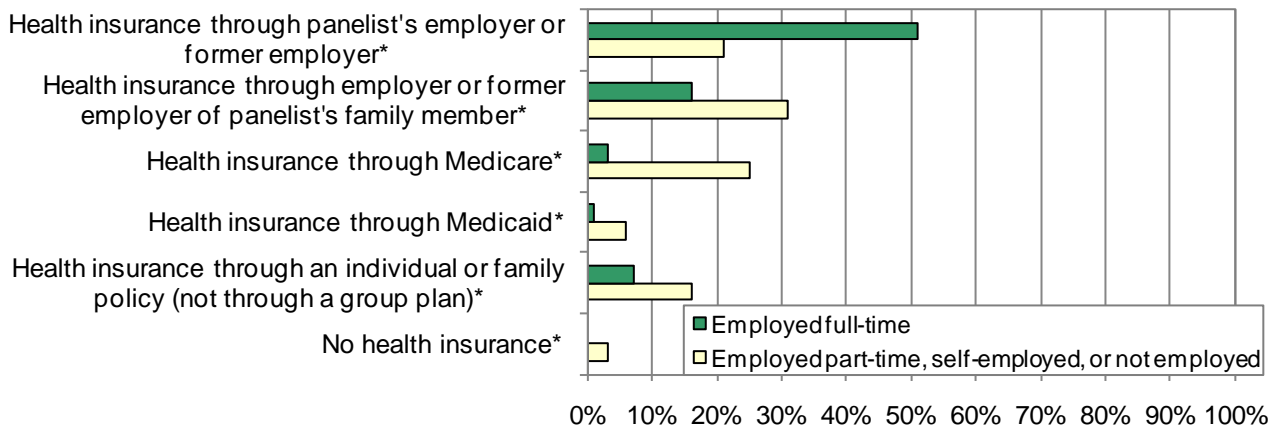
More members and elders between age 18 and 64 who work full-time and are not self-employed have health insurance coverage through their employer or former employer. Fewer have health insurance through a family member's employer or former employer, through Medicare, or through an individual or family policy. Fewer elders who work full-time have health insurance coverage through Medicaid, and even fewer do not have health insurance. (Figures 6 and 7 provide additional information.)

Figure 6. Source of Health Insurance Coverage of Members (Ages 18-64), by Employment Status



*Statistically significant difference (p < .05)

Figure 7. Source of Health Insurance Coverage of Elders (Ages 18-64), by Employment Status



*Statistically significant difference (p < .05)

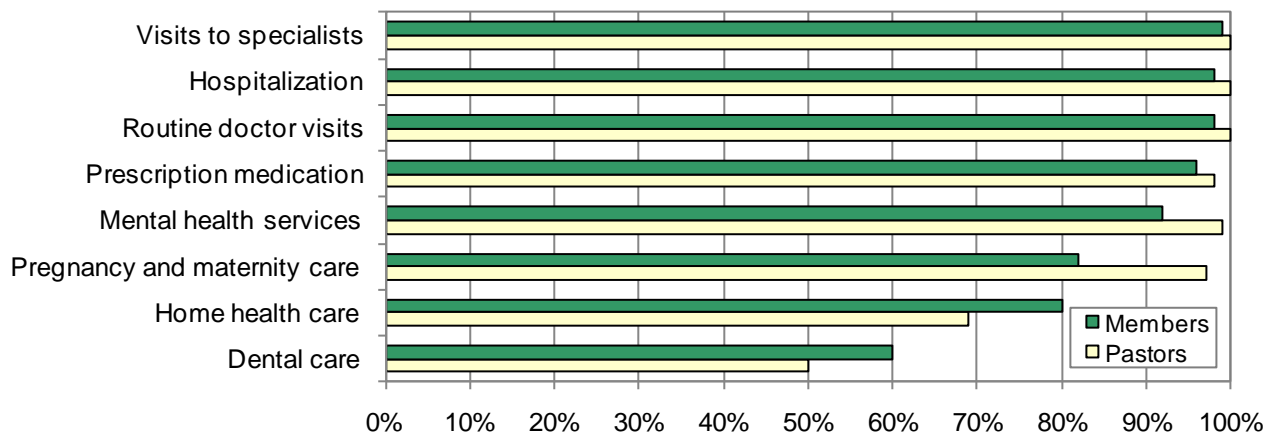
Almost all pastors (95%) work full-time. Specialized clergy were not asked about their work hours.

LEGAL AND INSURANCE ISSUES

Types of Health-care Services Covered

- ✓ At least four in five panelists in each group who have health insurance and know about their coverage say their insurance covers either fully, partially, or with a copayment:
 - Visits to medical specialists (members, 99%; elders, 99%; pastors, 100%; specialized clergy, 100%).
 - Hospitalization (98%; 99%; 100%; 100%).
 - Routine doctor visits and check-ups (98%; 98%; 100%; 99%).
 - Prescription medication (96%; 96%; 98%; 99%).
 - Behavioral or mental health services (92%; 92%; 99%; 96%).
 - Pregnancy and maternity care (82%; 80%; 97%; 94%).
- ✓ Smaller majorities of panelists in each group who have health insurance and know about their coverage indicate that it covers:
 - Home health care (members, 80%; elders, 73%; pastors, 69%; specialized clergy, 72%).
 - Dental care (60%; 54%; 50%; 58%).

Figure 8. Health-care Services Covered by Insurance Fully, Partially, or with a Copayment



Note: Panelists who responded *don't know* are excluded.

Insurance Issues

- ✓ Very few panelists in any group (members, 3% elders, 4%; pastors, 2%; specialized clergy, 4%) were denied health insurance due to a pre-existing condition at any point during the ten years before the survey.

Financial Issues

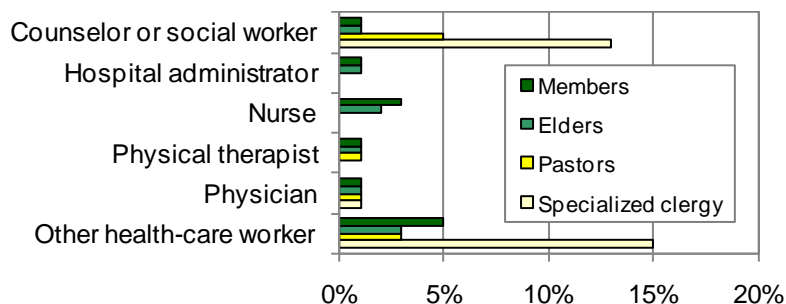
- ✓ During the 12 months before the survey, one in six ministers (pastors, 18%; specialized clergy, 18%)—but only about one in ten members (12%) and elders (10%)—paid for all or part of someone else's health-care bills that the other person could not afford otherwise (other than for panelists' children age 25 or younger).
- ✓ Three in ten ministers (pastors, 27%; specialized clergy, 32%)—but only about one in eight members (14%) and elders (11%)—delayed making an appointment with their doctor or health-care provider or skipped an appointment for financial reasons at least once in the ten years before the survey.
- ✓ Due to financial reasons, one in eight pastors (12%) and specialized clergy (15%)—but fewer members (6%) and elders (8%)—did not take medication that a doctor or other health-care provider had prescribed for them or took less medication than prescribed at some time in the ten years before the survey.
- ✓ Very few panelists in any group (members, 3%; elders, 3%; pastors, 2%; specialized clergy, 7%) dropped their health insurance due to increasing costs at any point during the ten years before the survey.

HEALTH-PROMOTING ACTIVITIES

Paid Health-care Work

- ✓ One-quarter of specialized clergy (25%)—but only about one in ten members (10%), elders (7%), and pastors (8%)—are paid to do health-care work.
- ✓ One in twenty pastors (5%) and one in eight specialized clergy (13%) work as counselors, psychologists, social workers, or therapists. Only 1% of members and elders work as counselors or therapists.

Figure 9. Paid Health-care Work Done by Panelists



Note: Panelists could check more than one response option.

Health-promoting Congregational Activities

- ✓ All or almost all pastors report that their congregation, congregational staff, or a group in the congregation was engaged in each of the following types of health-related activities during the 12 months before the survey:
 - Visited people in the congregation when they were sick, homebound, or in the hospital (100%).
 - Prayed publicly during Sunday worship for people in the congregation or community who were in need of prayers because of health concerns (98%).
 - Gave rides to people in the congregation who needed transportation when they were going to the doctor's office, health-care provider, or hospital (94%).
 - Provided information via an announcement, newsletter, church bulletin, or website about people in the congregation or community who were in need of prayer because of health concerns (94%).
- ✓ Seven in eight pastors (87%) report that their congregation, congregational staff, or a group in the congregation visited people in the community when they were sick, homebound, or in the hospital during the 12 months before the survey.
- ✓ About half of pastors report that during the same period their congregation, staff, or a group was engaged in each of the following:
 - Ran or hosted a support group or preventive health activity (other than an exercise class) such as an Alcoholics Anonymous group or a Weight Watchers meeting (55%).
 - Had a worship service that focused on restoring emotional, physical, or spiritual health (49%).
- ✓ About two in five pastors report that in the previous 12 months their congregation, staff, or a group in their congregation:
 - Ran or hosted a blood drive (39%).
 - Provided information in a newsletter, church bulletin, or website on preventing or managing chronic conditions such as Alzheimer's disease, cancer, or diabetes (37%).
 - Ran or hosted a seminar or educational event on a health-related topic (37%).
- ✓ Three in ten pastors report that during the same period their congregation, staff, or a group in their congregation:
 - Ran or hosted a health screening (31%).
 - Offered a sermon that addressed personal health issues (30%).
 - Ran or hosted an exercise class (28%).

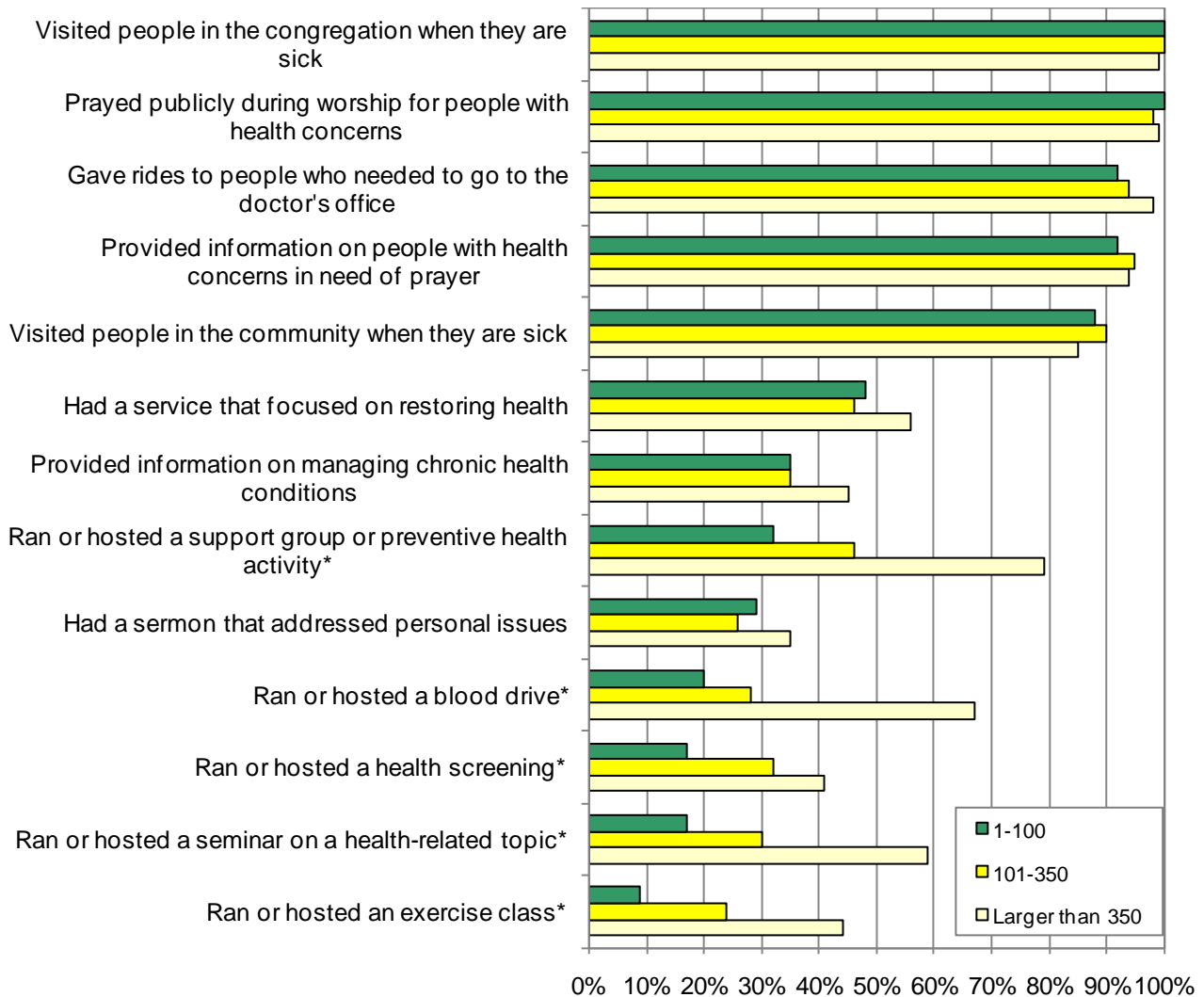
HEALTH-PROMOTING ACTIVITIES

Health-promoting Activities in Congregations of Different Sizes

Most congregations—regardless of size—were engaged in the most common health-promoting activities below during the 12 months before the survey. More pastors of large congregations than of medium-sized or small congregations report that their congregation ran or hosted five of the less common health-related activities during this period (see Figure 10):

- A support group or preventive health activity (other than an exercise class) such as an Alcoholics Anonymous group or a Weight Watchers meeting (membership larger than 350, 79%; between 101 and 350, 46%; between 1 and 100, 32%).
- A blood drive (67%; 28%; 20%).
- A health screening (41%; 32%; 17%).
- A seminar or educational event on a health-related topic (59%; 30%; 17%).
- An exercise class (44%; 24%; 9%).

Figure 10. Congregational Participation in Health-promoting Activities During the 12 Months Before the Survey, by Membership Size (Pastors' Responses)



*Statistically significant difference (p < .01)

Large congregations may have more varied programs.

INTEREST IN HEALTH-CARE RESOURCES AND PROGRAMS

Interest in Possible Resources and Programs

- ✓ Half or more of pastors and of specialized clergy involved in a PC(USA) congregation—but minorities of members and elders—would be *very interested* or *interested* in resources or programs that could be offered in their congregation on each of the following topics:
 - Living wills and other end-of-life issues (members, 46%; elders, 48%; pastors, 71%; specialized clergy, 72%).
 - Alzheimer's disease (and other memory illnesses) (43%; 44%; 59%; 62%).
 - Cancer (42%; 44%; 55%; 53%).
 - Care-giving (40%; 48%; 68%; 65%).
 - Navigating the health-care system (40%; 40%; 60%; 59%).
 - Nutrition and diet (39%; 42%; 52%; 50%).
 - Stress management (39%; 39%; 58%; 56%).
 - Depression (36%; 35%; 61%; 59%).
- ✓ More than one-third of members (37%) and elders (38%), four in nine pastors (44%), and half of specialized clergy (51%) would be interested in resources or programs in their congregation on heart disease.
- ✓ Sizable minorities of panelists in each group would be interested in resources or programs in their congregation on the following topics:
 - Hypertension (high blood pressure) (members, 34%; elders, 36%; pastors, 44%; specialized clergy, 45%).
 - Diabetes (32%; 31%; 44%; 45%).
 - Preventing accidents and falls (30%; 30%; 38%; 40%).
 - Flu vaccinations (29%; 27%; 34%; 41%).
 - Managing medications (24%; 26%; 42%; 43%).

Most Interesting Topics

- ✓ Choosing from the same list of possible topics, two in five ministers (pastors, 44%; specialized clergy, 42%)—but only one-third of members (32%) and elders (33%)—identify living wills and other end-of-life issues as one of the two *most interesting* for resources or programs that could be offered in their congregation.
- ✓ One-third of pastors (32%)—but only one in five members (21%) and one-quarter of elders (24%) and specialized clergy (26%)—select care-giving as one of the two *most interesting* topics for congregational resources or programs.
- ✓ Between one in ten and one-quarter of panelists in each group select each of the following topics as one of the two *most interesting* for congregational resources or programs:
 - Alzheimer's disease (and other memory illnesses) (members, 24%; elders, 25%; pastors, 25%; specialized clergy, 21%).
 - Navigating the health-care system (24%; 22%; 24%; 24%).
 - Stress management (22%; 22%; 19%; 26%).
 - Nutrition and diet (18%; 18%; 13%; 15%).
 - Cancer (15%; 12%; 12%; 10%).
- ✓ Depression is a possible topic for congregational resources or programs that one in ten members (10%) and elders (9%) and about one in six ministers (pastors, 14%; specialized clergy, 16%) identify *as most interesting*.
- ✓ Fewer than one in ten panelists in each group select as one of the two *most interesting* topics for resources:
 - Diabetes (members, 8%; elders, 9%; pastors, 3%; specialized clergy, 6%).
 - Heart disease (8%; 7%; 3%; 3%).
 - Preventing accidents and falls (5%; 5%; 3%; 2%).
 - Hypertension (high blood pressure) (4%; 4%; 1%; 5%).
 - Flu vaccinations (4%; 3%; 1%; 3%).
 - Managing medications (2%; 4%; 3%; 0%).

INTEREST IN HEALTH-CARE RESOURCES AND PROGRAMS

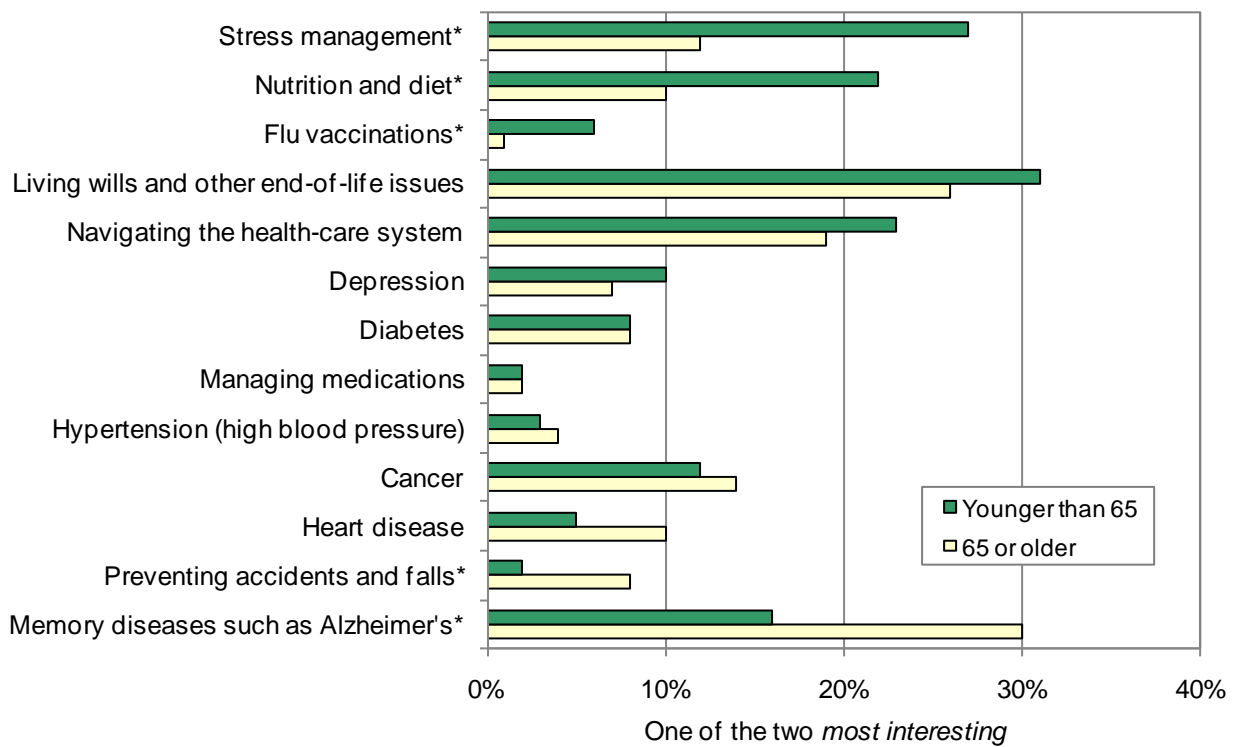
Age Differences in Interest in Possible Topics for Congregational Resources and Programs

Presbyterians' interest in some health-related resources and programs that could be offered at their congregation varies with age. More members age 65 or older (30%) than members younger than 65 (16%) identify Alzheimer's disease and other memory illnesses as one of the two of 14 listed topics that they find *most interesting*. More members, elders, and specialized clergy age 65 or older (age 65 or older: members, 8%; elders, 8%; specialized clergy, 5%; younger than 65: 2%; 3%; 1%) also identify preventing accidents and falls as one of the two topics that they find *most interesting*.

More members and elders who are younger than age 65 (members, 22%; elders, 19%) than older members and elders (10%; 11%) identify diet and nutrition as one of the two topics that they find *most interesting*. More members, elders, and specialized clergy younger than 65 (younger than 65: members, 27%; elders, 25%; specialized clergy, 17%; age 65 or older: 12%; 13%; 3%) identify stress management as one of these topics. More members who are younger than 65 (6%) than older members (1%) also identify flu vaccinations as a topic they find *most interesting*.

Figure 11 provides additional information for members.

Figure 11. Possible Topics for Resources or Programs that Could Be Offered at Panelists' Congregations that Members Deem *Most Interesting*, by Age



*Statistically significant difference (p < .05)

Least Interesting Topics

- ✓ Half of pastors (51%) and four in nine members (43%), elders (46%), and specialized clergy (46%) identify flu vaccinations as one of the two *least interesting* health-related topics (from the same list of 14) for congregational resources or programs.

INTEREST IN HEALTH-CARE RESOURCES AND PROGRAMS

Least Interesting Topics (cont.)

- ✓ One-third of members (32%) and elders (31%) and two in five ministers (pastors, 38%; specialized clergy, 40%) cite preventing accidents and falls as one of the two *least interesting* health-related topics for congregational resources or programs.
- ✓ About three in ten members (33%), elders (29%), pastors (27%), and specialized clergy (28%) find managing medications as one of the two *least interesting* health-related topics for congregational resources or programs.

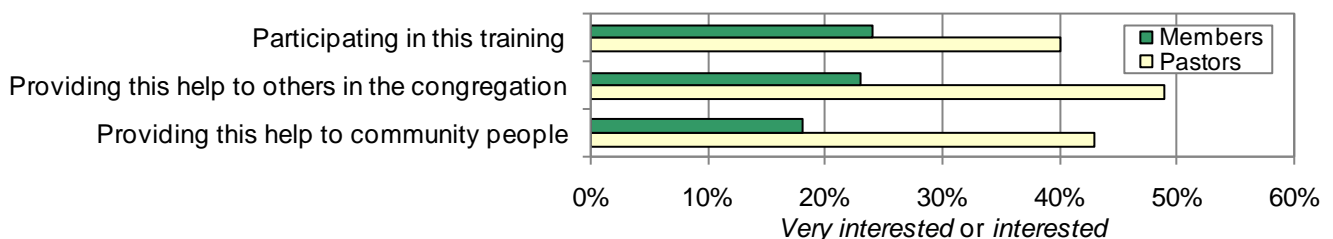
Others' Interest in Resources and Programs

- ✓ Majorities of panelists in each group believe that others in their congregation would be *very interested* or *interested* in resources and programs that might be offered in their congregation on each of the following topics:¹
 - Care-giving (members, 78%; elders, 68%; pastors, 68%; specialized clergy, 77%).
 - Alzheimer's disease (and other memory illnesses) (74%; 73%; 71%; 74%).
 - Cancer (74%; 73%; 65%; 65%).
 - Living wills and other end-of-life issues (73%; 66%; 66%; 66%).
 - Heart disease (68%; 65%; 51%; 59%).
 - Navigating the health-care system (63%; 64%; 62%; 68%).
 - Nutrition and diet (63%; 53%; 50%; 52%).
 - Stress management (62%; 55%; 54%; 58%).
 - Depression (59%; 54%; 53%; 61%).
- ✓ Majorities of panelists in some groups and minorities in other groups report that others in their congregation would be *very interested* or *interested* in resources or programs on each of the following topics:¹
 - Hypertension (high blood pressure) (members, 65%; elders, 63%; pastors, 46%; specialized clergy, 56%).
 - Diabetes (59%; 56%; 45%; 57%).
 - Flu vaccinations (47%; 50%; 33%; 52%).
 - Managing medications (54%; 55%; 49%; 50%).
 - Preventing accidents and falls (52%; 50%; 40%; 51%).

Interest in Training to Help People with Chronic Conditions Follow Their Treatment Plans

- ✓ At least one-third of ministers—but fewer members and elders—would be *very interested* or *interested* in each of the following aspects of a program to train volunteers in their congregation to provide assistance to people with chronic medical conditions who need assistance with following the treatment recommendations of their doctor or other health-care provider (see also Figure 11):
 - Participating in the training (members, 24%; elders, 29%; pastors, 40%; specialized clergy, 36%).
 - Providing this type of assistance to others in the congregation (23%; 32%; 49%; 41%).
 - Providing this type of assistance to people in the community (18%; 25%; 43%; 40%).

Figure 12. Interest in a Program to Train Volunteers to Provide Assistance to People with Chronic Conditions Who Need Assistance Following Treatment Recommendations



¹ Substantial numbers of panelists—especially members and elders—indicate that they are *not sure* about interest in these topics, and these *not sure* responses are excluded.

THE PRESBYTERIAN PANEL
HEALTH
MAY 2010
Survey Questions and Responses

	Members	Elders	Ministers
Number of survey invitations sent	661	929	1,274
Number of undeliverable surveys and ineligible respondents	3	0	6
Number of surveys completed	354	492	715 ‡
Response rate	53%	52%	56%
‡463 pastors; 251 specialized clergy			

	Members	Elders	Pastors	Specialized Clergy
Personal Health				
Q1. How would you rate your physical health at this time?				
Excellent	34%	34%	35%	37%
Good.....	51%	61%	56%	52%
Fair.....	15%	5%	9%	10%
Poor.....	1%	*	1%	—
Q2. In the past 12 months, did you:				
a. Have a general physical exam by a doctor or health-care provider?				
Yes.....	86%	87%	84%	83%
No	14%	13%	15%	17%
Don't know.....	—	—	*	—
b. Receive a traditional flu vaccination?				
Yes.....	68%	65%	57%	67%
No	32%	35%	43%	33%
Don't know.....	—	—	—	—
c. Receive an H1N1 flu vaccination?				
Yes.....	35%	33%	30%	42%
No	65%	66%	70%	57%
Don't know.....	—	*	*	*

Note: Percentages may not add to 100 due to rounding
* = less than 0.5%; rounds to zero
— = zero (0.0); no cases in this category
+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)
n = number of respondents eligible to answer this question
♦ = percentages add to more than 100 because respondents could make more than one response

Q3. As far as you know, which of each of these has happened to you or a family member or close friend during the past 10 years? (Please check *all* that apply in each row.)

	Members	Elders	Pastors	Specialized Clergy
You ♦	♦	♦	♦	♦
a. Been advised by a doctor or health-care provider to engage in more physical activity, improve diet, reduce weight, or make another lifestyle change.....	49%	52%	64%	56%
b. Been diagnosed with Alzheimer’s disease or another illness whose symptoms include serious memory problems.....	2%	1%	*	1%
c. Been diagnosed with an autoimmune disease such as rheumatoid arthritis or lupus.....	4%	5%	3%	3%
d. Been diagnosed with any form of cancer including leukemia.....	12%	9%	8%	10%
e. Been diagnosed with diabetes or pre-diabetes.....	12%	13%	12%	12%
f. Been diagnosed with high cholesterol or triglyceride levels that need to be treated by medication.....	36%	38%	33%	33%
g. Been diagnosed with hypertension (high blood pressure).....	37%	39%	26%	29%
h. Experienced clinical depression.....	14%	6%	11%	20%
i. Had a heart attack or been diagnosed with congestive heart failure or any other form of heart disease.....	8%	7%	3%	4%
j. Been diagnosed with any other chronic condition (please specify: _____).....	14%	13%	11%	18%
k. Had some responsibility for caring for a person with a serious memory problem.....	14%	12%	11%	13%
l. Had some responsibility for caring for a person with a serious physical limitation.....	18%	17%	14%	10%
m. Had some responsibility for caring for a special needs child... [Did not check any].....	3% 19%	4% 20%	5% 18%	6% 20%
Family Member or Close Friend ♦	♦	♦	♦	♦
a. Been advised by a doctor or health-care provider to engage in more physical activity, improve diet, reduce weight, or make another lifestyle change.....	58%	56%	55%	60%
b. Been diagnosed with Alzheimer’s disease or another illness whose symptoms include serious memory problems.....	32%	25%	23%	26%
c. Been diagnosed with an autoimmune disease such as rheumatoid arthritis or lupus.....	14%	16%	15%	17%
d. Been diagnosed with any form of cancer including leukemia.....	32%	41%	33%	38%
e. Been diagnosed with diabetes or pre-diabetes.....	34%	32%	28%	29%
f. Been diagnosed with high cholesterol or triglyceride levels that need to be treated by medication.....	43%	41%	37%	40%
g. Been diagnosed with hypertension (high blood pressure).....	36%	39%	34%	36%
h. Experienced clinical depression.....	20%	20%	28%	29%
i. Had a heart attack or been diagnosed with congestive heart failure or any other form of heart disease.....	25%	28%	23%	24%
j. Been diagnosed with any other chronic condition (please specify: _____).....	15%	18%	14%	18%
k. Had some responsibility for caring for a person with a serious memory problem.....	19%	20%	22%	22%
l. Had some responsibility for caring for a person with a serious physical limitation.....	22%	23%	22%	25%
m. Had some responsibility for caring for a special needs child... [Did not check any].....	2% 13%	14% 14%	14% 16%	15% 12%

Note: Percentages may not add to 100 due to rounding

* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

♦ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q4. How many prescription medications are you currently taking? (Please write "0" if you are not currently taking any prescription medication.)				
None.....	18%	21%	30%	27%
1	14%	16%	18%	15%
2	16%	19%	20%	17%
3	14%	15%	13%	14%
4	11%	8%	8%	7%
5-9	25%	19%	10%	19%
10-14	1%	2%	1%	2%
15 or more	*	—	—	—
Mean	3.11	2.69	1.97	2.51
Median	3.00	2.00	2.00	2.00
Q5. Which of the following describes work you are currently paid for doing? (Please check <i>all</i> that apply.)				
	◆	◆, +	◆	◆
Counselor, psychologist, social worker, or therapist	1%	1%	5%	13%
Hospital or nursing home administrator.....	1%	1%	—	*
Nurse.....	3%	2%	*	—
Occupational therapist or physical therapist	1%	1%	1%	—
Physician.....	1%	1%	1%	1%
Other health-care worker (including mental health) (please specify: _____)	5%	3%	3%	15%
Not involved in paid health-care work.....	90%	93%	92%	75%

Legal and Insurance Issues

Q6. Have you completed a living will that specifies which treatments you would or would not want should you become incapacitated?				
Yes	64%	60%	53%	63%
No.....	36%	38%	46%	36%
Don't know	*	1%	2%	*
Q6a. [If "yes,"] Have you discussed this with a family member?				
	n=222	n=296	n=242	n=156
Yes	97%	96%	95%	92%
No.....	1%	2%	*	7%
Don't remember	1%	1%	3%	1%
Have no living family member	1%	1%	1%	1%
Q7. Have you completed a durable power of attorney for health care, a designation of health-care surrogate, or a similar document appointing someone to make medical decisions for you should you become incapacitated?				
Yes	61%	57%	49%	59%
No.....	37%	41%	50%	40%
Don't know	2%	2%	2%	1%

Note: Percentages may not add to 100 due to rounding

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Q8. Do you, or your family, currently have health insurance that covers you or another family member in your household? (Check **all** that apply in each column. If you do not have any family members in your household, please check here , respond to the question in the left column, and then skip to Q9.)

	Members	Elders	Pastors	Specialized Clergy
Covers You	◆	◆	◆	◆
Through your employer or former employer	49%	51%	97%	71%
Through a family member's employer or former employer	25%	25%	11%	24%
Medicare	50%	46%	10%	20%
Medicaid	3%	4%	1%	—
On your own through an individual or family policy (not a group policy)	14%	17%	2%	7%
Other (please specify: _____)	7%	7%	2%	4%
No health insurance.....	1%	1%	—	2%
Don't know	—	*	*	—

No other family members in the household

Not checked	88%	88%	89%	86%
Checked	12%	12%	11%	14%

Covers Another Family Member in Your Household	n=311	n=431	n=413	n=215
	◆, +	◆, +	◆, +	◆, +
Through your employer or former employer	46%	45%	90%	59%
Through a family member's employer or former employer	30%	28%	19%	35%
Medicare	46%	40%	7%	17%
Medicaid	4%	4%	1%	1%
On your own through an individual or family policy (not a group policy)	11%	13%	1%	7%
Other (please specify: _____)	9%	9%	2%	3%
No health insurance.....	2%	2%	2%	3%
Don't know	—	1%	1%	—

Please skip to Q10 if **you** have no health insurance or don't know whether you do.

Q9. Does your own health insurance cover: (Please check **one** in each row.)

a. Behavioral or mental health services?	n=346	n=485	n=458	n=243
		+		
Yes, fully	13%	10%	15%	8%
Yes, partially or with a copayment.....	58%	63%	81%	81%
No	6%	6%	1%	4%
Don't know	23%	21%	3%	6%
b. Dental care?	n=346	n=485	n=458	n=243
Yes, fully	10%	8%	5%	6%
Yes, partially or with a copayment.....	49%	46%	45%	52%
No	40%	45%	49%	41%
Don't know	1%	*	1%	1%

Note: Percentages may not add to 100 due to rounding

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	Members	Elders	Pastors	Specialized Clergy
Q9. Does your own health insurance cover: (Please check <i>one</i> in each row.)				
[Cont.]				
c. Home health care?	n=346	n=485	n=458	n=243
	+	+		
Yes, fully	14%	9%	4%	7%
Yes, partially or with a copayment.....	39%	43%	32%	34%
No	13%	19%	16%	16%
Don't know	34%	29%	48%	43%
d. Hospitalization?	n=346	n=485	n=458	n=243
Yes, fully	38%	33%	19%	22%
Yes, partially or with a copayment.....	60%	66%	80%	77%
No	1%	*	*	—
Don't know	*	*	1%	1%
e. Pregnancy and maternity care?	n=346	n=485	n=458	n=243
	+	+		
Yes, fully	18%	18%	16%	13%
Yes, partially or with a copayment.....	46%	49%	71%	64%
No	14%	17%	3%	5%
Don't know	23%	16%	10%	18%
f. Prescription medication?	n=346	n=485	n=458	n=243
Yes, fully	17%	14%	10%	11%
Yes, partially or with a copayment.....	78%	82%	88%	88%
No	4%	3%	1%	1%
Don't know	1%	*	*	*
g. Routine doctor visits and check-ups?	n=346	n=485	n=458	n=243
Yes, fully	34%	26%	23%	19%
Yes, partially or with a copayment.....	62%	72%	76%	80%
No	2%	2%	*	1%
Don't know	1%	*	1%	1%
h. Visits to medical specialists?	n=346	n=485	n=458	n=243
Yes, fully	30%	22%	12%	12%
Yes, partially or with a copayment.....	67%	76%	86%	87%
No	1%	1%	*	—
Don't know	2%	1%	2%	1%
Q10. At any time in the past 10 years, have you:				
a. Been denied health insurance due to a pre-existing condition?				
Yes.....	3%	4%	2%	4%
No	97%	96%	97%	96%
Don't know	*	*	*	*

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	Members	Elders	Pastors	Specialized Clergy
Q10. At any time in the past 10 years, have you: [Cont.]				
b. Delayed making an appointment with your doctor or other health-care provider or skipped an appointment for financial reasons?				
Yes.....	14%	11%	27%	32%
No.....	86%	89%	73%	68%
Don't know.....	—	—	*	—
c. For financial reasons, not taken medication that a doctor or other health-care provider prescribed for you (or taken less than prescribed)?				
Yes.....	6%	8%	12%	15%
No.....	94%	92%	87%	85%
Don't know.....	*	—	*	—
d. Dropped your health insurance due to increasing costs?				
Yes.....	3%	3%	2%	7%
No.....	97%	97%	98%	93%
Don't know.....	—	—	*	—
Q11. During the past 12 months have you paid for all or part of someone else's health-care bills that he or she could not afford otherwise (other than for any of your children age 25 or younger in your household)?				
Yes.....	12%	10%	18%	18%
No.....	88%	90%	82%	82%

Congregational Activities

Please check here and skip to Q18 if you are a *minister of the Word and Sacrament* who is *not* involved in a PC(USA) congregation.

Not checked	93%	59%
Checked	7%	41%

Q12. How interested would <i>you</i> be in resources or programs that could be offered in your congregation on each of these topics?				
a. Alzheimer's disease (and other memory illnesses)			n=432	n=149
Very interested	12%	14%	23%	21%
Interested	31%	30%	36%	41%
Somewhat interested.....	28%	27%	26%	14%
Not interested	22%	23%	11%	19%
Not sure	7%	6%	3%	4%

Note: Percentages may not add to 100 due to rounding

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+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q12. How interested would <i>you</i> be in resources or programs that could be offered in your congregation on each of [Cont.] these topics?				
b. Cancer				
			n=432	n=149
Very interested	12%	12%	20%	16%
Interested	30%	32%	35%	37%
Somewhat interested.....	29%	27%	27%	25%
Not interested	23%	23%	14%	16%
Not sure	7%	6%	3%	5%
c. Care-giving				
			n=432	n=149
Very interested	12%	14%	25%	28%
Interested	28%	34%	43%	37%
Somewhat interested.....	31%	28%	21%	16%
Not interested	22%	20%	9%	16%
Not sure	7%	5%	2%	4%
d. Depression				
			n=432	n=149
Very interested	10%	8%	22%	20%
Interested	26%	27%	39%	39%
Somewhat interested.....	30%	31%	27%	19%
Not interested	28%	28%	10%	17%
Not sure	6%	6%	2%	5%
e. Diabetes				
			n=432	n=149
Very interested	8%	9%	14%	16%
Interested	24%	22%	30%	29%
Somewhat interested.....	32%	31%	35%	24%
Not interested	30%	32%	18%	24%
Not sure	6%	6%	3%	6%
f. Flu vaccinations				
			n=432	n=149
Very interested	7%	7%	10%	17%
Interested	22%	20%	24%	24%
Somewhat interested.....	23%	27%	38%	25%
Not interested	43%	40%	26%	30%
Not sure	5%	6%	2%	4%
g. Heart disease				
			n=432	n=149
Very interested	9%	10%	15%	15%
Interested	28%	28%	29%	36%
Somewhat interested.....	29%	30%	37%	24%
Not interested	28%	26%	17%	19%
Not sure	6%	6%	2%	5%

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n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

	Members	Elders	Pastors	Specialized Clergy
Q12. How interested would <i>you</i> be in resources or programs that could be offered in your congregation on each of [Cont.] these topics?				
h. Hypertension (high blood pressure)				
			n=432	n=149
Very interested	8%	9%	12%	15%
Interested	26%	27%	31%	34%
Somewhat interested.....	30%	31%	34%	24%
Not interested	29%	29%	21%	22%
Not sure	7%	6%	3%	4%
i. Living wills and other end-of-life issues				
			n=432	n=149
Very interested	16%	18%	30%	33%
Interested	30%	30%	41%	39%
Somewhat interested.....	22%	24%	20%	14%
Not interested	29%	23%	7%	11%
Not sure	4%	5%	2%	4%
j. Managing medications				
			n=432	n=149
Very interested	5%	7%	11%	11%
Interested	19%	19%	31%	32%
Somewhat interested.....	26%	30%	34%	26%
Not interested	43%	38%	22%	25%
Not sure	6%	6%	2%	6%
k. Navigating the health-care system				
			n=432	n=149
Very interested	13%	15%	24%	26%
Interested	27%	25%	36%	33%
Somewhat interested.....	25%	27%	24%	22%
Not interested	29%	27%	15%	14%
Not sure	7%	6%	2%	6%
l. Nutrition and diet				
			n=432	n=149
Very interested	9%	13%	17%	21%
Interested	30%	29%	35%	29%
Somewhat interested.....	28%	27%	32%	27%
Not interested	30%	26%	13%	17%
Not sure	3%	5%	2%	6%
m. Preventing accidents and falls				
			n=432	n=149
Very interested	7%	9%	11%	12%
Interested	23%	21%	27%	28%
Somewhat interested.....	27%	29%	37%	29%
Not interested	38%	35%	22%	25%
Not sure	5%	6%	2%	6%

Note: Percentages may not add to 100 due to rounding

* = less than 0.5%; rounds to zero

— = zero (0.0); no cases in this category

+ = nonresponses of 10% or more on this question (reported percentages for all questions omit nonresponses)

n = number of respondents eligible to answer this question

◆ = percentages add to more than 100 because respondents could make more than one response

Q12. How interested would *you* be in resources or programs that could be offered in your congregation on each of [Cont.] these topics?

n. Stress management

			n=432	n=149
Very interested	12%	14%	19%	20%
Interested	27%	25%	39%	36%
Somewhat interested.....	28%	30%	29%	24%
Not interested	29%	26%	11%	15%
Not sure	4%	4%	2%	5%

Q13. Of the possible topics listed above, which *two* would be the **most interesting** to you as possible topics for resources or programs that could be offered in your congregation? (Please circle the two letters corresponding to your choices.)

			n=432	n=149
		◆	◆	◆
a. Alzheimer’s disease (and other memory illnesses)	24%	25%	25%	21%
b. Cancer.....	15%	12%	12%	10%
c. Care-giving.....	21%	24%	32%	26%
d. Depression	10%	9%	14%	16%
e. Diabetes.....	8%	9%	3%	6%
f. Flu vaccinations.....	4%	3%	1%	3%
g. Heart disease.....	8%	7%	3%	3%
h. Hypertension (high blood pressure)	4%	4%	1%	5%
i. Living wills and other end-of-life issues	32%	33%	44%	42%
j. Managing medications	2%	4%	3%	—
k. Navigating the health-care system.....	24%	22%	24%	24%
l. Nutrition and diet.....	18%	18%	13%	15%
m. Preventing accidents and falls	5%	5%	3%	2%
n. Stress management	22%	22%	19%	26%

Q14. Of the possible topics in Q12, which *two* would be the **least interesting** to you as possible topics for resources or programs that could be offered in your congregation during the next two years? (Please circle the two letters corresponding to your choices.)

			n=432	n=149
		◆, +	◆	◆, +
a. Alzheimer’s disease (and other memory illnesses)	5%	5%	3%	7%
b. Cancer.....	4%	4%	7%	8%
c. Care-giving.....	6%	5%	2%	6%
d. Depression	9%	9%	4%	4%
e. Diabetes.....	8%	11%	13%	10%
f. Flu vaccinations.....	43%	46%	51%	46%
g. Heart disease.....	3%	1%	4%	4%
h. Hypertension (high blood pressure)	5%	6%	14%	5%
i. Living wills and other end-of-life issues	8%	10%	5%	3%
j. Managing medications	33%	29%	27%	28%
k. Navigating the health-care system.....	14%	14%	11%	10%
l. Nutrition and diet.....	12%	12%	10%	14%
m. Preventing accidents and falls	32%	31%	38%	40%
n. Stress management	17%	16%	8%	14%

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	Members	Elders	Pastors	Specialized Clergy
Q15. How interested would <i>others in your congregation</i> be in resources or programs that could be offered in your congregation on each of these topics?				
a. Alzheimer's disease (and other memory illnesses)				
			n=432	n=149
Very interested	12%	12%	22%	16%
Interested	26%	31%	35%	33%
Somewhat interested.....	11%	14%	18%	13%
Not interested	2%	2%	4%	4%
Not sure	49%	41%	20%	34%
b. Cancer				
			n=432	n=149
Very interested	11%	12%	16%	14%
Interested	26%	32%	35%	28%
Somewhat interested.....	12%	13%	22%	19%
Not interested	1%	3%	5%	4%
Not sure	50%	40%	22%	35%
c. Care-giving				
			n=432	n=149
Very interested	13%	11%	19%	17%
Interested	27%	31%	36%	36%
Somewhat interested.....	11%	16%	22%	12%
Not interested	1%	3%	3%	4%
Not sure	49%	38%	19%	31%
d. Depression				
			n=432	n=149
Very interested	5%	6%	14%	11%
Interested	22%	24%	28%	28%
Somewhat interested.....	16%	22%	30%	21%
Not interested	3%	4%	7%	4%
Not sure	54%	44%	21%	36%
e. Diabetes				
			n=432	n=149
Very interested	6%	7%	9%	9%
Interested	21%	25%	26%	26%
Somewhat interested.....	17%	20%	34%	20%
Not interested	2%	6%	9%	7%
Not sure	54%	43%	22%	39%
f. Flu vaccinations				
			n=432	n=149
Very interested	6%	5%	7%	6%
Interested	15%	18%	18%	25%
Somewhat interested.....	17%	19%	35%	18%
Not interested	7%	11%	16%	10%
Not sure	55%	46%	24%	41%

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	Members	Elders	Pastors	Specialized Clergy
Q15. How interested would <i>others in your congregation</i> be in resources or programs that could be offered in your congregation on each of these topics?				
[Cont.]				
g. Heart disease				
			n=432	n=149
Very interested	7%	8%	12%	7%
Interested	25%	30%	27%	31%
Somewhat interested.....	14%	17%	30%	20%
Not interested	2%	3%	7%	5%
Not sure	53%	42%	24%	36%
h. Hypertension (high blood pressure)				
			n=432	n=149
Very interested	6%	8%	9%	9%
Interested	25%	28%	26%	25%
Somewhat interested.....	17%	17%	32%	23%
Not interested	1%	4%	9%	4%
Not sure	52%	43%	24%	39%
i. Living wills and other end-of-life issues				
			n=432	n=149
Very interested	11%	12%	19%	17%
Interested	27%	28%	35%	28%
Somewhat interested.....	12%	18%	22%	18%
Not interested	2%	3%	5%	4%
Not sure	48%	39%	18%	32%
j. Managing medications				
			n=432	n=149
Very interested	6%	6%	10%	6%
Interested	18%	25%	28%	24%
Somewhat interested.....	16%	19%	31%	23%
Not interested	4%	6%	8%	7%
Not sure	56%	44%	23%	40%
k. Navigating the health-care system				
			n=432	n=149
Very interested	10%	12%	21%	14%
Interested	21%	26%	28%	30%
Somewhat interested.....	14%	17%	25%	17%
Not interested	3%	4%	6%	5%
Not sure	53%	41%	21%	35%
l. Nutrition and diet				
			n=432	n=149
Very interested	6%	6%	9%	10%
Interested	25%	25%	30%	24%
Somewhat interested.....	14%	22%	33%	25%
Not interested	3%	4%	6%	7%
Not sure	51%	42%	22%	35%

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Q15. How interested would *others in your congregation* be in resources or programs that could be offered in your congregation on each of these topics?

m. Preventing accidents and falls

	Members	Elders	Pastors	Specialized Clergy
			n=432	n=149
Very interested	6%	6%	7%	8%
Interested	18%	22%	24%	23%
Somewhat interested.....	18%	23%	35%	23%
Not interested	5%	6%	11%	7%
Not sure	54%	44%	23%	39%

n. Stress management

	Members	Elders	Pastors	Specialized Clergy
			n=432	n=149
Very interested	7%	7%	12%	14%
Interested	23%	25%	31%	23%
Somewhat interested.....	16%	21%	29%	21%
Not interested	2%	5%	6%	6%
Not sure	52%	42%	20%	36%

Q16. Some people with chronic medical conditions need assistance following the treatment recommendations of their doctor or health-care provider. If your congregation, in collaboration with a local health-care provider or organization, ran or hosted a program to train congregational volunteers to provide this type of assistance, how interested would you be in:

a. Participating in this training?

	Members	Elders	Pastors	Specialized Clergy
			n=432	n=149
Very interested	7%	6%	11%	6%
Interested	17%	23%	29%	30%
Somewhat interested.....	29%	28%	31%	32%
Not interested	40%	33%	23%	29%
Not sure	8%	10%	6%	3%

b. Providing this type of assistance to others in the congregation?

	Members	Elders	Pastors	Specialized Clergy
			n=432	n=149
Very interested	5%	6%	15%	8%
Interested	18%	26%	34%	33%
Somewhat interested.....	30%	33%	34%	33%
Not interested	36%	24%	11%	20%
Not sure	10%	11%	6%	6%

c. Providing this type of assistance to people in the community?

	Members	Elders	Pastors	Specialized Clergy
			n=432	n=149
Very interested	3%	4%	13%	10%
Interested	15%	21%	30%	30%
Somewhat interested.....	29%	35%	34%	30%
Not interested	42%	29%	16%	25%
Not sure	11%	12%	7%	6%

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	Members	Elders	Pastors	Specialized Clergy
Q17. During the past 12 months has your congregation, congregational staff, or a group in your congregation:				
a. Given rides to people in the congregation who need transportation when they are going to the doctor's office, health-care provider, or hospital?				
			n=432	n=149
Yes.....	72%	83%	94%	82%
No.....	4%	3%	3%	4%
Don't know.....	24%	14%	3%	15%
b. Had a sermon that addressed personal health issues?				
			n=432	n=149
Yes.....	13%	11%	30%	23%
No.....	53%	68%	67%	54%
Don't know.....	35%	21%	4%	23%
c. Had a worship service that focused on restoring emotional, physical, or spiritual health?				
			n=432	n=149
Yes.....	45%	48%	49%	52%
No.....	27%	38%	49%	38%
Don't know.....	28%	14%	2%	10%
d. Prayed publicly during Sunday worship for people in the congregation or community who are in need of prayers because of health concerns?				
			n=432	n=149
Yes.....	94%	97%	98%	99%
No.....	3%	2%	1%	1%
Don't know.....	3%	1%	1%	1%
e. Provided information in a newsletter, church bulletin, or website on preventing or managing chronic conditions such as those listed in Q3?				
			n=432	n=149
Yes.....	29%	26%	37%	32%
No.....	41%	55%	59%	46%
Don't know.....	30%	19%	4%	21%
f. Provided information via an announcement, newsletter, church bulletin, or website about people in the congregation or community who are in need of prayer because of health concerns?				
			n=432	n=149
Yes.....	93%	94%	94%	97%
No.....	3%	4%	5%	1%
Don't know.....	4%	2%	1%	2%
g. Run or hosted a support group or preventive health activity (other than an exercise class) such as an Alcoholics Anonymous group or a Weight Watchers meeting?				
			n=432	n=149
Yes.....	49%	47%	55%	61%
No.....	29%	41%	44%	29%
Don't know.....	22%	12%	2%	11%

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	Members	Elders	Pastors	Specialized Clergy
Q17. During the past 12 months has your congregation, congregational staff, or a group in your congregation:				
[Cont.]				
h. Run or hosted a blood drive?				
			n=432	n=149
Yes.....	48%	42%	39%	34%
No.....	39%	53%	58%	55%
Don't know.....	13%	5%	3%	11%
i. Run or hosted an exercise class?				
			n=432	n=149
Yes.....	35%	26%	28%	31%
No.....	47%	64%	70%	52%
Don't know.....	18%	10%	2%	16%
j. Run or hosted a health screening?				
			n=432	n=149
Yes.....	24%	25%	31%	23%
No.....	49%	63%	66%	58%
Don't know.....	27%	12%	3%	18%
k. Run or hosted a seminar or educational event on a health-related topic?				
			n=432	n=149
Yes.....	25%	23%	37%	42%
No.....	42%	58%	60%	45%
Don't know.....	32%	18%	3%	14%
l. Visited people in the congregation when they are sick, homebound, or in the hospital?				
			n=432	n=149
Yes.....	94%	97%	100%	98%
No.....	3%	2%	*	2%
Don't know.....	3%	1%	*	—
m. Visited people in the community when they are sick, homebound, or in the hospital?				
			n=432	n=149
Yes.....	67%	74%	87%	72%
No.....	6%	12%	10%	14%
Don't know.....	27%	14%	3%	14%
n. Engaged in another type of health-related activity? (please specify: _____)				
			n=432	n=149
	+	+	+	+
Yes.....	16%	23%	28%	27%
No.....	15%	26%	43%	20%
Don't know.....	69%	51%	29%	53%

Q18. Please use this space or another page for any additional comments.

[not tabulated]

Response from:

Paper.....	71%	61%	46%	57%
Web.....	29%	39%	54%	43%

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